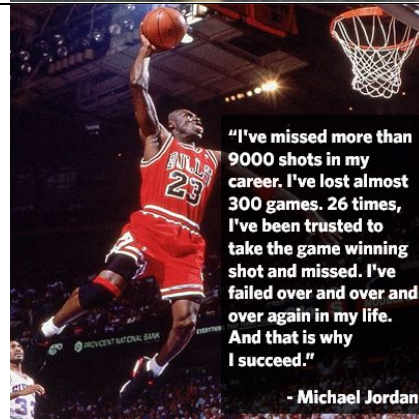


Name:	Mr Richardson
Subject:	Physical Education
Why study your subject?	Physical education is an essential part of healthy living for people of all ages. It helps you to develop the knowledge and understanding, skills, capabilities and attributes necessary for improving your confidence and feeling good about yourself. PE will help you to work as part of a team and make new friends. PE will introduce you to many new activities and skills which will all enable you to establish a pattern of health and wellbeing which will be sustained into adult life.
What's the best thing about your subject?	The best thing about PE is taking part in new sports, making new friends and having fun.
Favourite famous person associated with your subject.	Cristiano Ronaldo is the most famous athlete in the world. (Although, he is not as good as Mo Salah!)
Fun fact about your subject.	Michael Phelps Has Won More Olympic Golds Than Mexico.

Joke related to your subject.



Quote about your subject.



Message to Year 7 students.

The PE department @ Pilton is really looking forward to meeting you in September. We hope you really enjoy your PE lessons, you take part in loads of extra-curricular clubs and you take advantage of all the opportunities that will be offered to you. Have a great summer and see you soon. 😊